

UNIVERSITY OF CALIFORNIA, SANTA BARBARA

Basic Needs Guide



www.admissions.ucsb.edu



WELCOME GAUCHOS



MICHAEL M. MILLER

Director

Office of Financial Aid and Scholarships

Dear UCSB community,

Here at UC Santa Barbara, we aim to educate our students in and out of the classroom. Not only will you receive a world-class education while at UCSB, but we will also work to prepare you for a healthy and prosperous life after college.

As part of the University of California's Global Food Initiative, UCSB has established this *Basic Needs Guide*. In this guide you will find a list of important resources ranging from financial aid to housing, as well as information on health and food security.

Living a healthy lifestyle is essential to your success while at UCSB. Many students will encounter hurdles during their academic careers, and it is important to understand that the UCSB community is here to support you and help you in navigating those challenges.

I strongly encourage you to review the *Basic Needs Guide* and become familiar with the many resources available to UCSB students. Even if you never have to access the many support programs we offer here at UCSB, you never know when a fellow Gaucho may come to you in a time of need. Knowing what services are available will help you help yourself, as well as those around you.

UCSB is a special place, and we are known for being a friendly, helpful and healthy campus. We hope you find this guide to be beneficial and wish you success and happiness here at UCSB and beyond.

Best wishes,

Michael M. Miller



75%
of undergraduates
receive financial aid

38%
of students live
on campus



3,000+
students receive
fresh food from
the A.S. Food Bank

UNMATCHED RESOURCES

FINANCIAL

Office of Financial Aid and Scholarships

UCSB staff provide guidance through campus, state and federal financial aid including scholarships, emergency loans and financial crisis assistance.

www.finaid.ucsb.edu

Community Financial Fund

Students can apply for a grant of up to \$400 per year that is distributed on a first-come, first-serve basis.

<https://cff.as.ucsb.edu>

Financial Crisis Response Team

The Financial Crisis Response Team assists students who are facing significant financial difficulties that may jeopardize their path to graduation.

financialcrisis@sa.ucsb.edu

Social Work Services

Caring individuals provide one-on-one assessment and connect students to resources during difficult times.

<http://studenthealth.sa.ucsb.edu/behavioral-health/social-work>

HOUSING

Community Housing Office (CHO)

When moving out on your own, the CHO can assist with housing placement, relocation documentation, roommate dispute mediation and other critical issues.

www.housing.ucsb.edu/cho

Isla Vista Tenants Union (IVTU)

IVTU is a student-run service that provides guidance and advocacy for tenants' rights. IVTU is connected with the Legal Resource Center, which offers pertinent legal advice.

<http://ivtenantsunion.com>

University-Owned Housing

UCSB Housing, Dining and Auxiliary Enterprises provides residence halls and undergraduate apartments for undergraduate students.

www.housing.ucsb.edu



FOOD

Associated Students Food Bank

The A.S. Food Bank provides registered undergraduate and graduate students with fresh food, produce and toiletries.

<https://foodbank.as.ucsb.edu>

CalFresh

UCSB CalFresh conducts initial pre-screenings and assists students through the application process to qualify for monthly food benefits up to \$194 per month.

<https://tinyurl.com/ucsbcalfresh>

Food, Nutrition and Basic Skills Program

Learn to cook, eat well and stay on budget through free hands-on workshops and food demonstrations. A calendar of workshops is available online.

<http://food.ucsb.edu>

86%

of graduates have full- or part-time positions

40%

of students live in Isla Vista



42%

of students are first-generation



STUDENT PERSPECTIVES



NAVPREET KHABRA

Asian American Studies Major
Class of 2018

Why do you think it's important to utilize UCSB's student resources, and how have these resources affected your college career?

As a college student at UCSB, I constantly have to juggle my academics, professional goals, personal pursuits and my social life. The resources offered on campus have made it easier for me to manage my life as a student, whether it's through personal finance management, career building or mental health care. For example, I was eligible and took advantage of the CalFresh program as soon as I stepped on UCSB's campus. Because of this program, I never have to worry about getting access to healthy, fresh food.



JOSHUA HUDSON

Sociology Major
Global Studies Major
Class of 2017

Why do you think it's important to utilize UCSB's student resources, and how have these resources affected your college career?

UCSB's resources provide students with strong opportunities to thrive in their college community. One resource that comes to mind is the MultiCultural Center (MCC). As a multiracial first-generation college student, it was difficult to transition into a predominantly white university because I felt like some of my peers did not understand my experiences. The MCC became a space of belonging and learning for students of color. It has encouraged me to learn more about the experiences of marginalized communities and to advocate for the recruitment and retention of students of color in higher education.

VISIT UCSB OR CONNECT VIRTUALLY

For information on scheduling a campus tour, visit the Office of Admissions website at www.admissions.ucsb.edu/visit-ucsb/tours. Can't visit in person? Stay connected to UCSB with virtual college fairs, online advising opportunities and webinars. To learn more, visit www.admissions.ucsb.edu/visit-ucsb/webinars.

SPRING INSIGHT OPEN HOUSE

Visit UCSB for Spring Insight, an open house for admitted students, future applicants and their families held annually in April. Meet with campus clubs and organizations, take a tour, attend lectures and hear about all the exciting opportunities available to UCSB students. Learn more at www.admissions.ucsb.edu/visit-ucsb/open-house.

CONNECT WITH UCSB FOOD



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